



## THE WORLD HEALTH CAPITAL CONFERENCE

### MATSUMOTO DECLARATION

Under the circumstances of the super aging society, maintaining physical and mental health should be the major issue not only for any individual but also for any societies in the world.

It is clear that in order to sustain citizens' sound body and mind, preventive care is essential.

In addition, we must encourage new ways of thinking about health, and improve as well as enhance social infrastructures. Also, strong initiatives will be required for creating new industries in the active super aging society, by wisdom and cooperation of private corporations and academic institutions.

In the 21<sup>st</sup> century, we trust that our sound body and mind can be maintained through the lifestyle with which each individual would be able to make living by realizing his or her social role, and participating in the society, and living an independent life.

The universal goal of the Sustainable Healthy City is to become a society where every citizen who lives in the super aging community enjoys his or her life with dignity, and each one of them is deemed as an irreplaceable social asset, and therefore, each one of citizen's "Life" and "Existence" are highly respected. We recognize that the above goal shall be shared by any nations and cities, and that where such citizen lives shall be named as the Healthy Capital in the World.

We declare the following seven messages of health city model for sustainable aging society in the 21<sup>st</sup> century at the occasion of the World Health Capital Conference in Matsumoto.

- Health is an essential base for an active super aging society,
- Health is not only an individual issue but also a social issue,
- Health shall be sustained through an effort of preventive care,
- Healthy society is realized by comfortable living environment and environment friendly urban management,
- Healthy society is achieved by living an independent life, participating in social activities, and feeling an actual self-role in the community,
- Realization of an active super aging society will create variety of new industries,
- Establish close partnerships among citizens, corporations, academic institutes and government administration.

December 9, 2011

The World Health Capital Conference in Matsumoto

Mayor of Matsumoto City

Akira Sugeno

Interview von David McNeill. Erwähnt in: The Independent, 01.10.2012: *The grey planet's ticking time-bomb*.

Teilnahme am Deutsch-Japanischen Forum (diesjähriges Thema: Energie- und Sicherheitspolitik) vom 05.–07.11.2012 in Berlin

### **Barbara Holthus**

Erwähnt in *Not was it looks like*, Kansaiscene 08.05.2012 (nach Interview von Marcelo Cármano)

### **Susanne Klien**

Beitrag in der Sendung „Diagonal zum Thema: Glück – vom Bruttonationalglück zum Happy End“, ORF Radio 25.02.2012

### **Florian Kohlbacher**

Interview mit Shogo Toyota: 倫理的消費の現状と未来—個人の消費が社会とどうつながるのか [Ethischer Konsum heute und morgen]. Erschienen in CEL (Culture, Energy, Life), Vol. 98, Januar 2012, 10–15. [http://www.osakagas.co.jp/company/efforts/cel/search/1195526\\_1616.html](http://www.osakagas.co.jp/company/efforts/cel/search/1195526_1616.html)

Interview mit Detlef Rehn. Zitate in: *A Growing Market for Japan's Seniors*. Tagungsmagazin der Asien-Pazifik-Konferenz der Deutschen Wirtschaft 2012, 31.

Interview mit Pascal Gudorf. Zitate in: Abschied vom Humanoiden. Japan Markt, Januar 2012, 26–27.

Interview mit Carsten Germis. Zitate in: Hospi bring die Medizin. FAZ, 24.01.2012, 18.

Interview mit Carsten Germis. Zitate in: Japan sieht grosses Potential für Roboter in der Pflege. NZZ, 20.02.2012.

Interview mit Barbara Lüthi. Zitate in: Überalterung in Japan. SF 1, 10 vor 10, 08.03.2012 <http://www.videportal.sf.tv/video?id=b9cbe914-6390-4a71-b3a9-830811782a0a>

Feature über die Arbeit von Florian Kohlbacher in Tōhoku in PLANETOPIA SPEZIAL: Japan heute – Ein Jahr nach Fukushima., Sat 1, Planetopia, 05.03.2012. <http://www.planetopia.de/archiv/news-details/datum/2012/03/05/planetopia-spezial-japan-heute-ein-jahr-nach-fukushima.html>

Interview mit Patrick Bessler: Bewusstsein ja, Handeln nein. Erschienen in Japan Markt, Juli/August 2012, 28.

Interview mit Thomas Buchheit. Zitate in: Im Gleichgewicht durch die Krise. Der Standard, 30.10.2012, 2.

Interview mit András Szigetvari. Zitate in: Alter Mann sucht neue Arbeit. Der Standard, 10.11.2012, 17.

### **BERATUNG UND KOOPERATION**

21.02.2012 University Twente – 30 Studierende haben sich über die DIJ-Forschung zum Demographischen Wandel informiert (Florian Coulmas)

30.03.2012 Studierende der University of Copenhagen informieren sich zur Arbeit des DIJ. Phoebe Holdgrün: Political Participation and Happiness in Japan; Christian Winkler: 3/11 and the Politics Behind Nuclear Energy.

11.06.2012 Studierende der University Nijmegen mit Professor Dankbar informieren sich zur Arbeit des DIJ (Carola Hommerich, Florian Kohlbacher)

21.09.2012 Studienreise Graduiertenkolleg „Risk and East Asia“ von der Universität Duisburg-Essen. Briefing zu Methoden qualitativer Forschung (Phoebe Holdgrün, Barbara Holthus, Susanne Klien).

11.12.2012 Delegation der Robert Bosch-Stiftung informiert sich zur Forschung zum Demographischen Wandel (Florian Coulmas, Maren Godzik, Florian Kohlbacher)